

Hurricane Preparedness Checklist for Staying Home

If you are staying home during a hurricane Here's a list of items to consider for your survival kit. Keep items in airtight plastic bags or containers. Replace stored water every six months and double check battery expiration dates.

Suggested items for a "Stay Kit"

- One-week supply of food that requires no cooking and fluids to drink
- Ready-to-eat canned meats, fruits and vegetables
- Nuts, beef jerky and trail mix
- Raisins, peanut butter and granola bars
- Formula or baby food
- Canned juices or sports drinks
- One gallon of water per person per day
- Non-electric can opener
- Utility knife
- Cups, plates and plastic utensils
- Cooler and ice
- Pet food

First Aid Supplies

- Adhesive bandages, gauze pads and tape
- Soap and anti-bacterial hand gel
- Antiseptic
- Latex gloves, scissors and tweezers
- Thermometer
- Sunscreen
- Over-the-counter pain reliever
- Anti-diarrhea medicine and laxative
- Anti-itch cream

Tools and Emergency Supplies

- Flashlight and lanterns
- Battery-operated radio
- Extra batteries
- Matches or lighter in a waterproof container
- Compass and local maps with shelter locations
- A shut-off wrench and other tools
- Paper and pencil
- Plastic sheeting and tarps